

Laser Assisted Periodontal Therapy | Post Treatment Instructions

You have just received the finest periodontal therapy technology has to offer. This therapy will help eliminate plaque, bacteria and calculus that have overtime, damaged the gum attachment and the bone levels around your teeth. By combining this laser assisted periodontal therapy with regular hygiene visits and proper home care, your gums and teeth should provide you with many more years of service.

Sensitivity: It is normal to experience some mild sensitivity during the periodontal procedure. Some mild to moderate sensitivity can usually be felt for up to 5-6 days after treatment, although some patients report very little sensitivity at all.

Bleeding: It is normal to experience some light bleeding after the periodontal therapy. This is your body's response to aid in repairing your oral tissues. This will subside within 24-48 hours.

Antibacterial Rinsing: This is highly recommended after the laser assisted periodontal therapy. It will eliminate bacteria that may hinder the rehabilitation of your gum attachment and bone levels. Using a "Sulcabrush" dipped in the antibacterial solution and gently massaged in the area(s) is very effective. This process should be repeated daily until your next hygiene visit. Your dental Hygienist will re-evaluate your gum attachment and bone levels at this time.

Hygiene Visits: Remember that regular hygiene visits are essential for the rehabilitation of your gum attachment and bone levels. The scaling done by your dental Hygienist eliminates any plaque, bacteria, and calculus that may hinder the health of your gums and bone levels. However, without regular maintenance, we are unable to monitor your oral health.

*Your Dental Hygienist will have you back in approximately two (2) weeks to evaluate your progress and ensure proper healing is taking place.

Preventative Procedures:

- Brush and floss after meals and before bedtime
- Use *Sulcabrush* with antibacterial mouth rinse.
- Maintain a well balanced diet.